



CLASS SCHEDULE

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:30am	Bootcamp		Bootcamp				
8:00am							CycleFit
8:30am						CycleFit	
8:45am			Bootcamp				
9:30am	CycleFit	Core & Stretch		Core & Stretch			
10:30am	Core & Stretch						
5:15pm			CycleFit				
5:30pm	Bootcamp						
6:00pm			Core & Stretch	Bootcamp			